

# **Session Rules for Figure Skaters**

**Please remember to:**

**SIGN UP and CHECK-IN in Advance**

**All skaters MUST be on the session roster prior to any session**

**Open Sessions (O): Any Level & Any Discipline Allowed, Private or Semi-Private Lessons  
(Max 25 skaters)**

**Elite/Pairs Sessions (E/P): Elite Current or Former Team USA and International  
Skaters/Pairs Teams**

**Group Session (G): Please get with your instructor for more details**

## **Music**

**Program Music Line will follow: 2 Coaches/1 Skater  
Skaters are welcome to play music on session without profanity  
Skaters cannot skate with headphones on**

## **Traffic**

**Skaters must follow general traffic patterns and take into consideration Jump and Spin zones  
Skaters must keep moving and avoid congregating at the boards  
Skaters must keep a safe distance between other skaters at all time  
Only Coaches and current session skaters are allowed in the players box**

**All Sessions are Monitored by Front Office Staff, the Skating Directors  
and Management**

**Subject to Change Without Notice**